

OUTDOOR EDUCATION LEARNING BEYOND THE CLASSROOM



**Organisation ID:
E10384986**

 europexchangecentre

 EuropeXchange

 Torrox Costa, Malaga, Spain



www.europex-change.com



COURSE OVERVIEW

This course explores the value of outdoor education as a powerful tool for experiential learning, creativity, and personal growth. Participants will discover how nature-based activities can enhance motivation, collaboration, and emotional well-being among students. Set in the beautiful natural surroundings of Nerja – Torrox Costa, Spain, the training combines theory and practice through fieldwork, workshops, and group reflection. Educators will learn to design outdoor learning experiences that connect curriculum goals with environmental awareness, fostering curiosity and responsibility in learners.

COURSE OBJECTIVES

By the end of this course, participants will be able to:

- To understand the principles and benefits of outdoor education.
- To explore nature as a learning environment that stimulates curiosity and creativity.
- To develop outdoor teaching strategies across different subjects.
- To promote teamwork, problem-solving, and environmental stewardship.
- To encourage student well-being and connection with nature.



LEARNING OUTCOMES

After completing this course, participants will be able to:

- Participants will be able to integrate outdoor learning into their teaching practices.
- They will design meaningful, curriculum-linked outdoor activities.
- They will understand how outdoor experiences support physical and emotional development.
- They will promote sustainability and respect for the natural environment.
- They will enhance student engagement through experiential and hands-on learning.

DURATION:

5 Days

LANGUAGE:

English or Spanish

SCHEDULE:

Monday to Friday

09:30 – 14:30
5 hours per day

OTHER SERVICES

- Beach front accommodation
- Airport transfers
- Local transport
- One day trips
- Documentation support
- Additional project assistance

CERTIFICATES

A certificate of attendance will be issued to all the participants at the end of the course.

TRAINING ACTION

Day 1

Introduction to Outdoor Education

- Understanding the philosophy and goals of outdoor learning.
- The link between experiential learning and student engagement.
- Exploring the benefits of nature for attention, health, and motivation.
- Group activities and reflection outdoors.

Day 2

Learning Through Experience and Exploration

- Principles of experiential and inquiry-based learning.
- Outdoor team-building and problem-solving activities.
- Using the local environment as a classroom.
- Workshop: designing simple outdoor lessons.

Day 3

Curriculum Connections and Cross-Disciplinary Learning

- Integrating outdoor education into various subjects.
- Creative and scientific approaches to learning outside.
- Storytelling, art, and observation in natural settings.
- Field activity: exploration walk and journaling.

Day 4

Sustainability and Environmental Awareness

- Encouraging students to care for and understand their environment.
- Linking outdoor learning with sustainable development goals (SDGs).
- Organizing community-based and ecological projects.
- Practical eco-activity: beach clean-up or local nature project.

Day 5

Reflection and Implementation

- Sharing experiences and developing school-level action plans.
- Strategies for sustaining outdoor learning after the course.
- Reflection session and mindfulness in nature.
- Closing ceremony and certification by the sea.

*Please note that program content may be subject to change based on input from our trainers.



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Get in touch



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