

GUIDE, SUPPORT, INSPIRE MENTORING THROUGH COMMUNICATION



**Organisation ID:
E10384986**

 europexchangecentre

 EuropeXchange

 Torrox Costa, Malaga, Spain



www.europex-change.com



COURSE OVERVIEW

This course focuses on developing mentoring and communication skills for teachers, trainers, and school leaders who guide students or colleagues in their professional growth. Participants will explore the principles of effective mentoring – building trust, active listening, constructive feedback, and supportive communication. Through interactive workshops and real-life simulations, they will learn how to create meaningful mentor–mentee relationships that encourage motivation, confidence, and lifelong learning.

COURSE OBJECTIVES

By the end of this course, participants will be able to:

- To understand the role and responsibilities of a mentor in educational settings.
- To develop communication skills that build trust and openness.
- To learn effective strategies for guidance, feedback, and motivation.
- To strengthen interpersonal and emotional intelligence skills.
- To design mentoring frameworks that support professional and personal growth.



LEARNING OUTCOMES

After completing this course, participants will be able to:

- Participants will be able to apply active listening and empathetic communication.
- They will use feedback techniques that promote reflection and improvement.
- They will understand how to structure mentoring relationships effectively.
- They will develop mentoring strategies for supporting colleagues and students.
- They will contribute to creating a collaborative and supportive school culture.

DURATION:

5 Days

LANGUAGE:

English

SCHEDULE:

Monday to Friday

09:30 – 14:30
5 hours per day

OTHER SERVICES

- Beach front accommodation
- Airport transfers
- Local transport
- One day trips
- Documentation support
- Additional project assistance

CERTIFICATES

A certificate of attendance will be issued to all the participants at the end of the course.

TRAINING ACTION

Day 1

Understanding Mentoring and its Impact

- Defining mentoring in educational and professional contexts.
- The mentor's mindset: guidance, support, and inspiration.
- The benefits of mentoring for individuals and institutions.
- Reflection: personal experiences with mentors and mentees.

Day 2

Building Trust and Communication Foundations

- Developing rapport and active listening skills.
- Verbal and non-verbal communication in mentoring.
- Overcoming communication barriers and building empathy.
- Role-play exercises on effective dialogue and connection.

Day 3

Giving and Receiving Feedback

- The art of constructive feedback and encouragement.
- Balancing support and challenge in mentoring conversations.
- Coaching questions that inspire reflection and self-growth.
- Workshop: practicing feedback through real scenarios.

Day 4

Emotional Intelligence and Motivation in Mentoring

- Understanding emotions and their influence on communication.
- Using emotional intelligence to guide and motivate others.
- Mentoring as empowerment: fostering confidence and autonomy.
- Group discussion: mentoring challenges and solutions.

Day 5

Developing Mentoring Practices in Schools

- Creating structured mentoring programmes and peer support systems.
- Integrating mentoring into school culture and teacher development.
- Designing a personal mentoring action plan.
- Reflection, sharing experiences, and certification ceremony.

*Please note that program content may be subject to change based on input from our trainers.



START YOUR EDUCATIONAL JOURNEY WITH US ON COSTA DEL SOL !



Get in touch



INFO@EUROPEX-CHANGE.COM



+34 662 280 571



EUROPEXCHANGE



EUROPEXCHANGECENTRE

